



## Rooibos Heritage Route

*Come and learn more about nature and culture while savouring the peace and quiet of the Suid Bokkeveld and the Cederberg Mountains: The Rooibos Heritage Route stretches from Nieuwoudtville to Wupperthal.*

One of the really special aspects of the **Rooibos Heritage Route** is that this is an **authentic route** - offering a different experience to the visitor: **less comfort, more real life and authentic people** sharing their lives and often homes. It is really a route for the traveller wanting to **get in touch with**

**the way some communities** live in the area and learn about the ecology and people's culture as they engage.

Come and enjoy the diversity of the Route, experience the culture lifestyle which will **renew your outlook on life. Sleep in a matjieshut or under the stars.** Enjoying a cup of organic traditional rooibos tea and a mouthwatering slice of homemade bread or roosterkoek. Learn about **medicinal plants** and their traditional use. Also discover this amazing reminders of past cultures, painted on the walls of caves and rock shelters which have survived over hundreds and thousand of years: **The legacy of the San people.**

The route is not very polished and perfect - but more a **rough diamond** for those that are keen to explore and engage with the **cultural heritage and peoples lives today.**

There is also a **podcast** developed for this route you can download them from the website. The podcast is organised into different sections that are numbered - and you can find stones with the numbers along the route. The respective track will then explain a feature in the landscape, tell a certain story or give some historical background.

The **Route is 121 km long and requires a vehicle with reasonably high clearance** and an experienced driver to navigate dirt roads. The conditions of the road are reasonable for a high clearance vehicle. The conditions of the road vary throughout the year - especially after heavy rainfall the roads can become very challenging to navigate.

It is worthwhile to mention that the Rooibos Heritage Route has quite a few gates between Papkuilsfontein and the Dooring river - allowing the visitor to pause and take in the landscape. Travelling time along the route is about 3-6 hours - depending on travelling speed and breaks.

**For the Rooibos Heritage Route booking ahead is essential.**



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